

AMY DONOVAN
BOUDOIR

DREAM SHOOT PLANNER





WHAT'S INSIDE

MEET YOUR PHOTOGRAPHER
A BIT ABOUT WHO I AM

THE EXPERIENCE
YOUR PHOTO SESSION PLUS
A PRE-SHOOT QUESTIONNAIRE

INSPIRATION - CLOTHING &
IDEAS THAT YOU'LL LOVE

GET INSPIRED - SESSION IMAGES
SEE HOW PREPPING PAYS OFF

SESSION PRICING
PRINT PRODUCTS

CLIENTS SHARING THE LOVE
WHAT OUR CLIENTS HAVE TO
SAY ABOUT THEIR EXPERIENCE

W E L C O M E

W H A T T O
E X P E C T

S T Y L E
G U I D E

F E A T U R E D
S E S S I O N S

I N V E S T M E N T

R A V E S



W E L C O M E

Hi there, I am Amy!

I am a Wedding and Boudoir photographer. I love and celebrate the beauty and spirit of women through photography and hope that you see that reflected in my portfolio.

I believe a Boudoir Portrait shoot is one of the most fun and empowering things a woman can do for herself. This is your "me" time, when you can celebrate being a woman and who you are today.

But what about me? You might want to know something about the person who will be taking photos of you in your most 'intimate' attire.

Well, I started out life near Bonavista, in Newfoundland & Labrador. I have also called Plate Cove, Clarenville, Halifax, St. John's, Carbonear and Edmonton home. Right now, you can find me in Paradise!

My resume is *ridiculous!* I have worked in Journalism, Public Relations, Banking, and Airport Security. Not one of those things is related to the other, but I have enjoyed them all. I like adventure, love travel, and find joy in the randomness of life.

Why am I telling you all of this?

Because, I am not going to tell you that I was born with a camera in my hand. I have done lots of things in this life before I found my dream job.

Looking at my life now, I know that I am most happy as a plus-sized, dark roast addicted, self-employed mother of a spunky pre-teen daughter, engaged to a steady as a rock man, trying desperately to keep our shoes safe from our Golden Retriever, all while making my living in a beautiful way.

After all those random life experiences, I know with all my heart that the most fulfilling job doesn't feel like a job at all. It is showing you the best possible version of yourself.

No matter where you are in the journey of your life, or your motivation for empowering yourself with a boudoir session, I can't wait to meet you to create images that show you exactly how beautiful you really are.

Amy Donovan



April

Amy

Meghan

My name is April Pink, and I am one of Amy's makeup artists.

There is nothing more rewarding than enhancing people's natural beauty with the art of makeup. The minute our clients walk through the door my mind is already processing what lashes, eyeshadow and lipstick to apply. My favourite part of the whole process is turning that mirror around to show our clients the finished product and their reaction to their glamorous transformation.

I love getting to know our clients, their story, share funny stories, and make new friends in the process!

Boudoir has brought so many wonderful people into my life that I couldn't imagine myself without!

My name is Meghan Pollard and I'm one of the makeup artists for Amy Donovan Boudoir!

I have been working with Amy for almost 5 years and I can honestly say that every shoot I have been apart of has been beautiful and totally unique.

I love seeing how a woman's confidence can increase significantly in just a couple of hours.

Boudoir is a powerful and empowering experience, and I am so honoured to be a part of this awesome, uplifting community of strong amazing women!

We are so excited to meet you!



C O N F I D E N C E

Confidence comes with embracing who you are and trusting yourself to do things outside your comfort zone

E M P O W E R

To make you stronger and more confident, to make you realize exactly how amazing the rest of the world thinks you are

C E L E B R A T E

Boudoir celebrates the fun and spontaneous you. It celebrates the "YOU" the world knows, the "YOU" you keep private and the "YOU" that lives only in your dreams

T R U S T

Placing your trust in and connecting with your photographer is truly important and results in images you will love.

Giving yourself permission to enjoy and relax allows me to bring out the feel and look you envisioned for your session





BRINGING OUT

YOUR BEST SELF

Boudoir Photography is highly regarded as fine art photography, making it the perfect gift whether you've chosen to gift yourself or are gifting someone else.

As women, we don't take the time to revel in our womanhood, enjoy or acknowledge our beauty or the freedom of indulgence, yet each of us deserves those special moments of feeling free and bold enough to be the woman we are inside.

Boudoir Photography encourages us to indulge in those moments of expression.





Boudoir Photography is all about capturing the beautiful you in ways that will have you appreciating the woman you are and perhaps falling back in love with yourself. If you're slightly nervous, but have always wanted to do a boudoir session, there's no better time than now.

There is no valid reason to wait. You're perfect and beautiful just as you are. My experience is in posing and capturing all body types and showing them off beautifully.

You deserve a fabulous experience. Envision the sensation of going to the spa for pampering, but in this case having timeless and stunning images that will give you a lifetime of pleasure. Don't let this be the one thing to regret never having experienced.

You owe yourself the same love you so willingly give to others

WHAT REAL WOMEN THINK



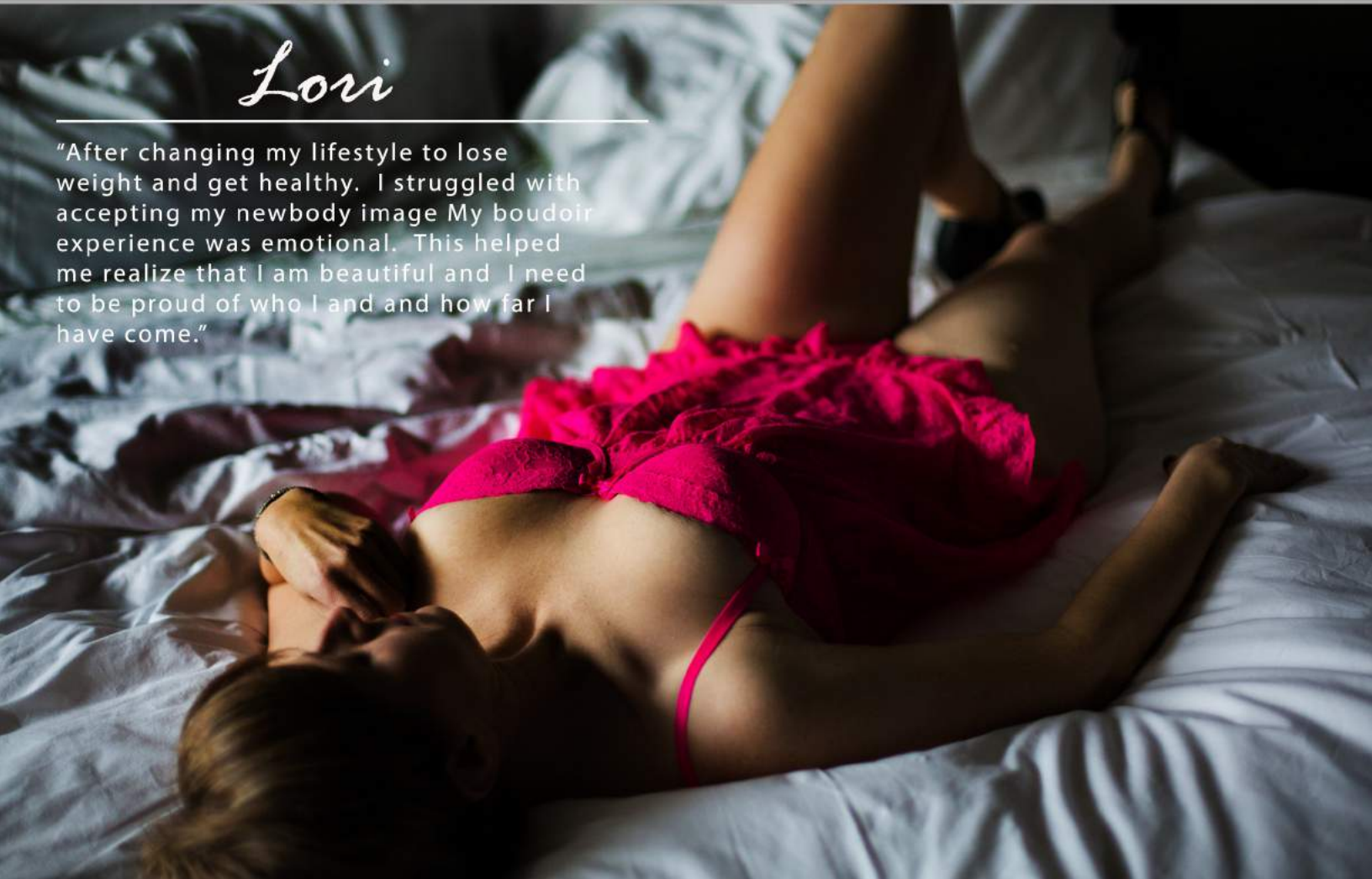
Alison B.

"I felt really strong, powerful and confident, like I could take on anything. It's an amazing feeling - I want more of that! The photos from my session are absolutely breathtaking. I would highly recommend this experience to anyone!"



Alison R.

"I stepped out of a comfort zone I often see myself trapped in and Amy is to thank for that. I walked out of my session loving every scar, every mole, every stretch mark and every wrinkle on my body. I learned to love myself unconditionally and the story my body tells."



Lori

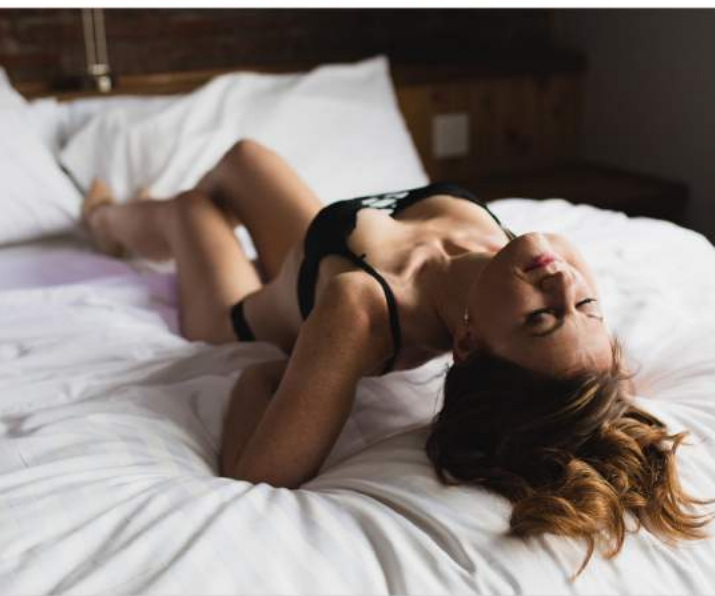
"After changing my lifestyle to lose weight and get healthy. I struggled with accepting my newbody image My boudoir experience was emotional. This helped me realize that I am beautiful and I need to be proud of who I and and how far I have come."

WHAT REAL WOMEN THINK



Stephanie

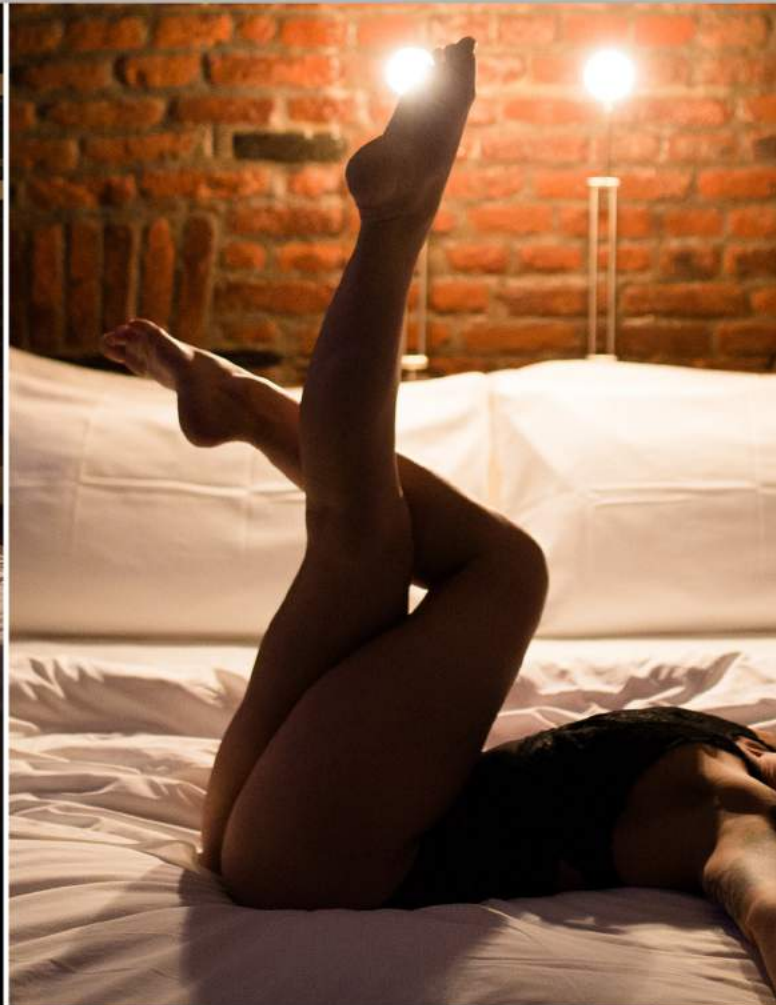
The chance to spend time with you and April again would be good for my soul. With the exception of giving birth to my children, I've NEVER felt like more of a powerful woman in my entire life. It was transformative for me. I believe we meet people in our lives for a reason. It's purposeful. It's meant to be. That's how I feel about our paths crossing. You've changed me. Changed how I see myself, how I feel when Ian looks at me. I finally have given myself the respect and self love I deserve. What I experienced was so much more than a photo shoot. It was a defining moment in my life that I will forever be grateful for.





Ange

I am 40 and muscular and a bit of a plain Jane when it comes to make up and hair so, naturally I was a little apprehensive about the whole experience. I had some silly notions that I would be painted and posed and presented in a way that would look amazing... yes but, not like me at all. Amy began by asking me to show her my strong arms, arms that I've been told make me look like a man for as long as I have developed them. By the end of the process of felt light and lovely. Most of the photos highlighted the face and muscular form I had feared would be hidden and they make the parts of me I had been shamed for seem like assets. I cried with happiness. It has made all the difference in the world to me.



PREPARING FOR YOUR BOUDOIR SESSION

Beauty is not in the face; beauty is a light in the heart
- Kahlil Gibran

Taking the time to prep everything for your shoot will keep you relaxed and feeling confident. Throwing everything together last minute will make you feel frazzled!

We want you to have a fabulous experience from start to finish and the best way is simply to feel prepared.

SKIN

Hydrate the week of your shoot, drinking water regularly will give your skin a refreshed look. It's a great idea to exfoliate your body prior to your shoot, make sure not to irritate and redden your skin though, it is best to do this 2 or 3 days before your session.

If you wax, make sure you have it done in enough time for your skin to rejuvenate.

Please do not go for a tanning session for at least a week before your shoot, it will not look natural and may add an orange tint to your skin.

Moisturize prior to your session, paying special attention to your feet. Please bring your body lotion with you, just in case.

NAILS

Nothing makes you feel better than a fresh manicure and pedicure! Your hands and feet will be in photos more than you might think so consider treating yourself!

TEETH

If you do not already use it, switching to a good whitening toothpaste is a great idea a few weeks before your session.

HAIR

If possible, a trim is a great idea, typically a week prior to your shoot. Do not go for a drastic hair style change right before your session- it may not look like the 'real' you in your photos!

Make sure that if you color your hair your roots are retouched. Also, a deep conditioning can help your hair shine with a beautiful glossy finish.

EYEBROWS

Get your eyebrows waxed if they need it. Since they frame your eyes, they're an important part of preparing for your session.



HAIR & MAKEUP

HELPS YOU FEEL AND
LOOK YOUR BEST

*I believe that all women are pretty without makeup,
but with the right makeup can be pretty powerful*

- BOBBI BROWN

We include Hair & Makeup in your boudoir session because the experience starts when you sit in the makeup chair. Your everyday look is undoubtedly beautiful, but we are very experienced at getting you camera ready.

Please arrive with clean dry hair and without makeup. No need to style anything in order to get ready for your session. Simply follow the preparation tips in the days leading up to the session, pack your favourite outfits, take a deep breath!

Please wear loose, comfortable clothing as you drive to your session, and when you arrive, prepare to relax!

Sip on a mimosa or a glass of wine while we take care of everything else.

You will love the experience.

Whatever look or feel you want to express, our team is here to make it happen. Whether you want your look to be natural, glamorous, vixen or pure elegance, we are excited to bring out the best in you!

We will talk about the look you want and the outfits you want to wear for your session, this will make it all come together to bring out the most beautiful and sexy you.

This is why we do what we do.

With your comfort level with makeup in mind, we will work together to give you a look that makes you look, and more importantly, feel, absolutely stunning. Whether you want a natural look or full on glam, we know you will be ready to rock your session after looking in the mirror!





WHAT TO WEAR

Beautiful lingerie should make you feel sexy even if it isn't seen by anyone but you.

Choosing outfits can be a bit stressful, the most important thing to remember is to make sure you choose outfits that make you feel beautiful, but at the same time are comfortable. Bring at least one or two bra and panty sets. Garters and nylons are also great. A silk robe to wrap yourself in is a dynamite outfit and really versatile.

An oversized sweater can lend itself to a more casual but outstanding and very sexy look. That gorgeous dress that you've been dying to wear can be subtly sexy and create images that you can share with friends and family if you're the least bit shy about sharing your more personal images. Plain white shirts are often my favourite outfits.

A bra and leggings with killer heels can be a dynamite look if you have an edgier personality and want to showcase that, as well as your romantic side.

Accessorize your looks with high heels, that work with your outfits. Remember, you're not going to be walking in them so they don't have to be comfortable!

Some clients are more comfortable with implied or actual nudity. You lead the way, and let us know what your comfort level is. You never know how good you will feel in the moment - you may surprise yourself!

Can't decide what to wear?

Bring it all and we can help you make the best choices for your session!



INSPIRATION



FAVORITE PLACES TO SHOP

La Vie en Rose | Victoria Secret | Additon-Elle



Be you. Do you. For you.



BOUDOIR COLLECTIONS

All sessions include a personal viewing and ordering session

THE BOUDOIR SESSION

\$250

Fine Art Boudoir session | Hair & Makeup | 2 outfit changes | Boutique hotel location |
Select your final artwork from the options below to complete the experience

ARTWORK OPTIONS

Any of the following may be added to your Boudoir Experience

Individual Printable Digital File	\$100	16" x 24" gallery wrapped art	\$400
Collection of six 5x7 prints	\$350	8" x 8" luxury 12 image album	\$700
Collection of twelve 5x7 prints	\$500	10" x 10" luxury 20 image album	\$1000
Full collection of Printable Digital Files	\$1000		

ALL INCLUSIVE BOUDOIR EXPERIENCES

THE LUXE \$1200

Fine Art Boudoir session | Hair & Makeup | 3 outfit changes | Boutique hotel location |
8" x 8" 12 image luxury album | Collection of 10 archival quality 5x7 prints

THE EXQUISITE \$1700

Fine Art Boudoir session | Hair & Makeup | 3 outfit changes | Boutique hotel location |
10" x 10" 20 image luxury album | 16" x 20" canvas | Collection of 10 printable digital files

All prices subject to HST

AMY DONOVAN
boudoir



*Empower yourself
with your own session now...*

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